

## Poison Bottle Block of the Month Quilt-As-You-Go and Finishing Instructions



PICK YOUR BRAIN DESIGNS

ARTS  
with  
SMARTS

My instructions are loosely based on [Reversible Quilts by Sharon Pederson](#).

### General information

Layer your completed appliqued block with batting and a backing fabric. Use cotton or cotton/poly blend batting only. Cut your batting and backing for blocks 1" larger so you can square up later. Only cut two layers of batting at a time, otherwise it distorts too much. Quilt as desired and trim blocks to 12.5' x 12.5" square. Decide on your layout. Sew the blocks together into rows of three, then join the four rows together, using either the **thin sashing** method or the **wide sashing** method below.

### Thin Sashing

Finishes at 5/8"

Cut two sets of strips:

Side A (front): 1 3/4" wide-press in half lengthwise, wrong sides together

Side B (back): 1 1/8" wide

Place the folded strip on Side A (front), and 1 1/8" strip on side B (back), sew at the same time with 1/4" seam allowance.

Trim strips along edge of block.

Sew the second block to the raw edge of the 1 1/8" strip.

This method requires no batting, because the seam allowances should butt up against each other and fill the space between the blocks.

Finish by sewing down the folded strip by hand or machine (p. 29).

### Wide Sashing

Cut two sets of strips, both 2 1/2" wide

Press edges of long side of one set of strips 1/4" turned under.

Sew the unpressed edges of both strips onto the block, front and back, at the same time, with a 1/4" seam allowance.

Sew the second block to the strip without the pressed edge.

Measure the space between the seam allowances, and cut a strip of batting that wide. (A great use for batting scraps. *This batting strip will need to be quilted* when everything is joined to hold it in place).

Finish by hand or machine.

### Borders

Measure, cut, spray or pin baste layers together, quilt as desired. Trim and join with sashing strips as you joined the blocks. You can use a contrasting sashing strip here to make an easy inner border. OR You can make your sashing strips about 6.5" wide and use the same method to join them directly to the sides of the blocks. You will have to quilt the layers after you attach the strips, add batting, and baste. Attach sides first, then top and bottom.

### Binding

Measure the perimeter of your quilt (outside edges) and add 10% extra. Make enough binding and attach using your favorite method.

### Label

Make sure you label your quilt! I appreciate pattern attribution to Misty Cole or Pick Your Brain Designs. Thank you!